

GYM TIMETABLE (STARTING SATURDAY 25 JULY)

Please note that the gym will open at 8.30am on Saturday 25th and Sunday 26th July. The gym will open as normal at 5am on the following Monday and at 7am the following Saturday and Sunday.

* Indicates sessions available Monday-Friday only.

GYM TIMETABLE (STARTING SATURDAY 25 JULY)	
TIME	GYM SESSION AVAILABLE
05:00-06:30	90 minute bookable slot*
06:30-07:00	Clear gym, cleaning & reset 30 mins
07:00-08:15	75 minute bookable slot
08:15-08:30	Clear gym, cleaning & reset 15 mins
08:30-09:30	60 minute bookable slot
09:30-09:45	Clear gym, cleaning & reset 15 mins
09:45-10:45	60 minute bookable slot
10:45-11:00	Clear gym, cleaning & reset 15 mins
11:00-12:00	60 minute bookable slot
12:00-12:15	Clear gym, cleaning & reset 15 mins
12:15-13:15	60 minute bookable slot
13:15-13:30	Clear gym, cleaning & reset 15 mins
13:30-14:30	60 minute bookable slot
14:30-14:45	Clear gym, cleaning & reset 15 mins
14:45-15:45	60 minute bookable slot
15:45-16:00	Clear gym, cleaning & reset 15 mins
16:00-17:00	60 minute bookable slot
17:00-17:30	Clear gym, cleaning & reset 15 mins
17:30-18:45	75 minute bookable slot*
18:45-19:00	Clear gym, cleaning & reset 15 mins
19:00-20:15	75 minute bookable slot*
20:15-20:30	Clear gym, cleaning & reset 15 mins
20:30-21:30	60 minute bookable slot*
21:30-22:00	Clear gym, cleaning & reset 30 mins