



Here for young people
Here for communities
Here for you

2024 - 2025 • Dartford & South East London

Annual Update



Supported accommodation

235 local young people provided with a safe place to call home within the Woolwich or Dartford areas

100 of these young people successfully moved on to fully independent living

Nursery & after school services

142 children enrolled in our Early Years Foundation Stage settings

Youth services in Woolwich

1068 young people engaged with our detached service

59 young people engaged through our schools mentoring

120 unique young people engaged with our weekly clubs

Health & Wellbeing services

37 stroke and brain injury rehabilitation classes provided over the year with an average attendance of **10** local people each week



None of this would have been possible without the incredible support from our local communities. From all of us at YMCA Thames Gateway, thank you. We are truly grateful.

Across the wider organisation....

- **Supported accommodation:** Provided safe housing for over 700 people facing homelessness
- **Cancer rehab at YMCA Romford:** 54 adults completed our free 10-week exercise programme to regain strength and confidence
- **Senior citizens' group:** Hosted 102 weekly meet-ups averaging 19 older adults each, reducing isolation and fostering community
- **Specialist fitness classes:** Delivered 272 seated sessions and 81 circuit classes in Romford and Dartford to boost physical and mental wellbeing.
- **Horizons, our West Kent Training and Education service:** provided alternative Post-16 education to 23 young people with SEND, helping them achieve 21 qualifications. An additional 26 local students joined day release programmes
- **Luke Shotter**, one of our dedicated young workers at our Goods Station Road shop, was awarded the National YMCA Young Achiever of the Year Award.

Bag a Brighter Future

Many of our residents arrive with just a single bag containing nothing more than a few clothes.

You can help provide them with the essential items they need to help ensure a brighter future, whether you drop the donations into one of our branches or donate the monetary equivalent to enable us to purchase for them.

If you would like to donate, scan the QR code or email our fundraising team at communitysupport@ymcatg.org.



Sleep Easy



Once again, we are inviting our local community to help raise funds for their local branch or project by running their own Sleep Easy.

If you would like to get involved, email: sleepeasy@ymcatg.org

Challenge Events

We have a host of bucket list events on offer, giving you the opportunity to challenge yourself whilst raising funds for YMCA Thames Gateway Group!

For further information head over to ymcatg.org/challenge-events



Become one of our Lottery winners through Havering Local Lottery



Within weeks of our first ever draw within the Havering Local Lottery, one lucky YMCA Thames Gateway supporter won the jackpot of £25,000, with a further 11 of our supporters winning a range of other prizes.

You don't need to be a Havering resident to enter so why not sign up today and you too could be one of our lucky winners! Go to: www.haveringlocallottery.co.uk/support/ymca-thames-gateway-group

Visit our website or email us for more information:

www.ymcatg.org

info@ymcatg.org

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