



Here for young people
Here for communities
Here for you

2024 - 2025 • East London & Essex

Annual Update



Supported accommodation

326 local young people provided with a safe place to call home within the Romford and Brentwood areas

158 of these young people successfully moved on to fully independent living

Nursery & after school services

38 children enrolled in our Early Years Foundation Stage settings

19,701 places at our breakfast and after school wrap around services available to local families

1656 holiday club places helping to support working families

Health & Wellbeing services

54 adults living with cancer joined our free 10-week cancer rehab programme

102 free social groups for senior citizens took place over the last year, run twice per week with an average of 19 in attendance each week

235 specialist seated classes for mobility impaired members of our community took place over the year

81 Specialist circuit classes using TRX equipment offered unique exercise opportunities for people with disabilities or long-term health conditions.



None of this would have been possible without the incredible support from our local communities. From all of us at YMCA Thames Gateway, thank you. We are truly grateful.

Across the wider organisation....

- **Supported accommodation:** we've provided safe, supported housing for over 700 individuals facing homelessness
- **Our youth services** across south east London and West Kent have provided over 1,486 children with a safe place to relax and develop essential life skills
- **Horizons, our West Kent Training and Education service:** provided alternative Post-16 education to 23 young people with SEND, helping them achieve 21 qualifications. An additional 26 local students joined day release programmes
- We're proud of **Luke Shotter** from our Goods Station Road shop, who won the national YMCA Young Achiever of the Year award. Luke has overcome adversity, inspired others, and become a true asset. Please join us in congratulating him and those who supported his journey

Bag a Brighter Future

Many of our residents arrive with just a single bag containing nothing more than a few clothes.

You can help provide them with the essential items they need to help ensure a brighter future, whether you drop the donations into one of our branches or donate the monetary equivalent to enable us to purchase for them.

If you would like to donate, scan the QR code or email our fundraising team at communitysupport@ymcatg.org.



Sleep Easy



Once again, we are inviting our local community to help raise funds for their local branch or project by running their own Sleep Easy.

If you would like to get involved, email: sleepeasy@ymcatg.org

Challenge Events

We have a host of bucket list events on offer, giving you the opportunity to challenge yourself whilst raising funds for YMCA Thames Gateway Group!

For further information head over to ymcatg.org/challenge-events



Become one of our Lottery winners through Havering Local Lottery



Within weeks of our first ever draw within the Havering Local Lottery, one lucky YMCA Thames Gateway supporter won the jackpot of £25,000, with a further 11 of our supporters winning a range of other prizes.

You don't need to be a Havering resident to enter so why not sign up today and you too could be one of our lucky winners! Go to: www.haveringlocallottery.co.uk/support/ymca-thames-gateway-group

Visit our website or email us for more information:

www.ymcatg.org

info@ymcatg.org

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