

Nappy Changing and Toilet Training

Policy Owner: Director of Communities/SLT	Policy Developer: Head of Family & Children’s Services/AA
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The current version of any policy, procedure or guideline is the version held in the Knowledge Library on Workplace. It is the responsibility of all staff to ensure that they are following the current version.

EYFS: 3.27, 3.60, 3.73

Policy statement

We aim to support children's care and welfare daily in line with their individual needs. We ensure no child is excluded from participating in any of our settings, who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet-training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

Our procedures meet best practice identified by the Health Protection Agency (2011) in 'Best practice advice for nurseries and childcare settings'.

We will enable a two-way exchange between parents and key persons so that information is shared about nappy changing and toilet training in a way that suits the parents and meets the child's needs. Parents will be engaged in the process of potty training and supported to continue potty training with their child at home.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not, yet toilet trained.

We oversee toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- We have a list of personalised changing times for the children in our settings who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.
- We encourage young children from two years to wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- We put on gloves and aprons before changing starts and the areas are prepared.
- All staff are familiar with our hygiene procedures and carry these out when changing nappies. We never turn our back to a child or leave them unattended whilst they are on the changing mat.
- Our staff are gentle when changing; avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that the nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They are also allowed time for some play as they explore the water and the soap.

- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the nappy bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect [and will be a disciplinary matter].
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This policy was adopted by	YMCA Thames Gateway
On	14/01/2023
Signed on behalf of the provider	
Name of signatory	Amanda Allen
Role of signatory (e.g. chair, director or owner)	Head of Family and Children's Services

Policy review date	13/01/2024 – on or before
Name of reviewer	
Signature of reviewer	
Role of reviewer	