

VIRTUAL RPM TIMETABLE

MONDAY

05:00 - 05:50 Les Mills RPM
06:00 - 06:30 Les Mills Sprint
06:30 - 07:00 Les Mills Sprint
07:00 - 07:30 Les Mills Sprint
07:30 - 08:00 Les Mills Sprint
09:30 - 10:20 Les Mills RPM
10:30 - 11:20 Les Mills RPM
12:30 - 13:00 Les Mills Sprint
13:00 - 13:30 Les Mills Sprint
15:00 - 15:50 Les Mills RPM
16:00 - 16:30 Les Mills Sprint
17:00 - 17:50 Les Mills RPM
18:00 - 18:50 Les Mills RPM
19:15 - 20:05 Les Mills RPM

TUESDAY

05:00 - 05:30 Les Mills RPM
06:00 - 06:30 Les Mills Sprint
06:30 - 07:00 Les Mills Sprint
07:00 - 07:30 Les Mills Sprint
07:30 - 08:00 Les Mills Sprint
09:30 - 10:20 Les Mills RPM
10:30 - 11:20 Les Mills RPM
12:30 - 13:00 Les Mills Sprint
13:00 - 13:30 Les Mills Sprint
15:00 - 15:50 Les Mills RPM
16:00 - 16:30 Les Mills Sprint
17:00 - 17:50 Les Mills RPM
18:00 - 18:50 Les Mills RPM
19:30 - 20:20 Les Mills RPM

WEDNESDAY

05:00 - 05:50 Les Mills RPM
06:00 - 06:30 Les Mills Sprint
06:30 - 07:00 Les Mills Sprint

07:00 - 07:30 Les Mills Sprint
07:30 - 08:00 Les Mills Sprint
08:00 - 08:50 Les Mills Sprint
09:30 - 10:20 Les Mills RPM
10:30 - 11:20 Les Mills RPM
12:30 - 13:00 Les Mills Sprint
13:00 - 13:30 Les Mills Sprint
15:00 - 15:50 Les Mills RPM
16:00 - 16:30 Les Mills Sprint
17:00 - 17:50 Les Mills RPM
19:30 - 20:20 Les Mills RPM

THURSDAY

05:00 - 05:50 Les Mills RPM
06:00 - 06:30 Les Mills Sprint
06:30 - 07:00 Les Mills Sprint
07:00 - 07:30 Les Mills Sprint
07:30 - 08:00 Les Mills Sprint
10:30 - 11:20 Les Mills RPM
12:30 - 13:00 Les Mills Sprint
13:00 - 13:30 Les Mills RPM
15:00 - 15:50 Les Mills RPM
16:00 - 16:30 Les Mills Sprint
17:00 - 17:50 Les Mills RPM
18:00 - 18:50 Les Mills RPM
19:00 - 19:50 Les Mills RPM

FRIDAY

05:00 - 05:50 Les Mills RPM
06:00 - 06:30 Les Mills Sprint
06:30 - 07:00 Les Mills Sprint
07:00 - 07:30 Les Mills Sprint
07:30 - 08:00 Les Mills Sprint
08:30 - 09:20 Les Mills RPM
10:30 - 11:20 Les Mills RPM

12:30 - 13:00 Les Mills Sprint
13:00 - 13:30 Les Mills Sprint
15:00 - 15:50 Les Mills RPM
16:00 - 16:30 Les Mills Sprint
17:00 - 17:50 Les Mills RPM
18:00 - 18:50 Les Mills RPM
19:00 - 19:50 Les Mills RPM

SATURDAY

05:00 - 05:50 Les Mills RPM
06:00 - 06:30 Les Mills Sprint
06:30 - 07:00 Les Mills Sprint
07:30 - 08:00 Les Mills Sprint
08:00 - 08:30 Les Mills Sprint
08:30 - 09:20 Les Mills RPM
10:30 - 11:00 Les Mills Sprint
12:30 - 13:00 Les Mills Sprint
15:00 - 15:50 Les Mills RPM

SUNDAY

05:00 - 05:50 Les Mills RPM
06:00 - 06:30 Les Mills Sprint
06:30 - 07:00 Les Mills Sprint
07:30 - 08:00 Les Mills Sprint
08:00 - 08:50 Les Mills RPM
09:30 - 10:20 Les Mills RPM
10:30 - 11:20 Les Mills RPM
12:30 - 13:00 Les Mills Sprint
15:00 - 15:50 Les Mills RPM