

YMCA ROMFORD

PART OF YMCA THAMES GATEWAY GROUP

Free one day **fitness** **trial** worth £10

YMCATG.ORG • 01708 766211

Terms and conditions apply – please see overleaf for details.

YMCA

£10

Services available

Gym, Fitness Classes & Wellbeing Programmes • Childcare • Café
Youth Work • Supported Housing • Functions, Room Hire & Catering

About us

YMCA Thames Gateway Group
29 Rush Green Road, Romford, RM7 0PH.
Free parking available on site, reception through main doors.

 @YMCA_TG

 facebook.com/YMCATG

Terms & Conditions: Trial session includes free access to the gym and group exercise programme. Vouchers cannot be used in conjunction with any other offer and are only accepted at YMCA Thames Gateway Group (Romford branch). Vouchers have no cash value and cannot be exchanged for cash. If the order value is less than the voucher value no change will be given. If the value of the order is greater than the value of the voucher, the remaining amount is payable by the customer using their chosen payment method. Vouchers can only be used once and will thereafter become void. Multiple vouchers per order are not permitted. YMCA Thames Gateway Group reserves the right to amend the terms and conditions for these vouchers at any time and without prior notice. Offer subject to availability.

How to book

To claim your
free one day fitness trial,
follow the instructions below:

- 1 Call 01708 766211
- 2 Visit our **Romford branch**
- 3 Present voucher at reception

Quote: **WEBSITEFT**

Voucher **must** be presented on arrival at reception